Our Speakers

Sue M. Ludwig, OTR/L, NTMTC

Sue Ludwig is the President and Founder of the National Association of Neonatal Therapists (NANT), an organization that supports therapists working with babies and families in the NICU.

She is also the co-founder of Infant-Driven Feeding® created to advance oral feeding practice on a global level. She has been an occupational therapist at the University of Cincinnati Medical Center for over 20 years. She is driven to improve the culture of healthcare, armed with decades of experience speaking for those who cannot speak for themselves.

Sue received the Laura Edmunds Lectureship Award from UMass Memorial Medical Center and was awarded the Individual Contribution to Maternal & Child Health by the National Perinatal Association. She is an editor for Newborn and Infant Nursing Reviews.

Sue is a sought after speaker, consultant, writer and educator. She is also a published author and poet.

Sue lives in Cincinnati, Ohio with her husband and two teenage children.

Kara Ann Waitzman, OTR/L, CIMI, NTMTC

Kara Ann has been a neonatal therapist for over 28 years and serves as the NICU's developmental specialist. Kara Ann is president of Creative Therapy Consultants, Founder of the Neonatal Touch & Massage Certification, and Co-Founder of Infant-Driven Feeding, LLC. She is certified in NTMC, is Pediatric Neurodevelopmental Therapy (NDT) trained, certified in NIDCAP, and earned the Neonatal Developmental Care Specialist Designation through NANN. Kara Ann served on AWHONN's Continuum of Care Advisory Board, and currently serves on NANT's Professional Collaborative and the March of Dimes Program Services board.

Kara Ann has been a nationally sought after speaker, educator, and consultant for well over a decade and has published on positioning, feeding, Neuromotor Development and Massage. She developed DVDs on Massage, Skin-to-Skin, and Swaddled Bathing. She has received professional awards including the Ohio OT Award, March of Dimes Healthcare Worker of the Year Award, and the MVH Service Award in 2011.





Abbott Nutrition Health Institute is approved by the California Board of Registered Nursing, Provider Number CEP 11213.

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In addition to completing an online evaluation, participants of our programs can provide feedback directly to CDR at www.cdrnet.org.



Abbott Nutritio







Infant-Driven Feeding: From Foundation to Implementation

THURSDAY, APRIL 30, 2015 8:00 AM - 4:15 PM

Marriott San Ramon 2600 Bishop Drive San Ramon, California 94583 (925) 867-9200



Sue Ludwig, OTR/L, NTMTC Kara Ann Waitzman, OTR/L, CIMI, NTMTC



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Registration (online only):

TUITION: \$50.00

To register please visit:

https://anhi.advanceu.com/reg.aspx?ID=1314

Payment accepted via Credit/Debit Card or by check prior to the conference date. For a full refund, cancellations must be made via e-mail to AbbottNutrition@advanceu.com or by phone to (800) 844-8126 at least one week prior to the program.

Please note the program handout/syllabus will be available online for printing or download. There will not be copies available at the event.

Self parking is available at the hotel for \$12/vehicle. Valet parking is also available for \$18/vehicle.

For registration questions, contact AdvanceU at (800) 844-8126

Who Should Attend:

This program has been designed for Labor & Delivery Nurses, Mother/Baby Nurses, Neonatal/Nursery Nurse, NNPs, Nurse Directors, Nurse Managers, Lactation Consultants, Pediatric Nurses, RDs, PNPs, Occupational Therapists and Speech Language Pathologists.

Program Objectives:

After attending this conference participants will be better able to:

- Verbalize understanding of the impact of early sensory motor experience on later feeding and nutritional outcomes.
- Identify the benefits of the infant-driven feeding versus traditional and cue based feeding practices.
- Explain the hands on clinical practices for orally feeding infants proper nutrition in the NICU.
- Describe how to implement the practice of infant-driven feeding in the NICU.

8:00 - 8:30 AM	Registration & Breakfast
8:30 - 8:45 AM	Welcome and Announcements
8:45 - 9:45 AM	Families First Sensorimotor Experiences Presented by Sue Ludwig
9:45 - 10:15 AM	Synactive Theory Presented by Kara Ann Waitzman
10:15 - 10:30 AM	BREAK
10:30 - 11:30 AM	Goals for Successful Feeding Infant-Driven Feeding Premises Presented by Kara Ann Waitzman
11:30 - 12:15 PM	Feeding Perspectives Transitioning to an Infant-Driven Feeding Culture and Practice Presented by Sue Ludwig
12:15 - 1:00 PM	LUNCH (provided)
12:15 - 1:00 PM 1:00 - 1:30 PM	
	LUNCH (provided) IDF Readiness & Quality Scales
1:00 - 1:30 PM	LUNCH (provided) IDF Readiness & Quality Scales Presented by Sue Ludwig Clinical Practice Lab IDF Caregiver Technique Scale
1:00 - 1:30 PM 1:30 - 2:30 PM	LUNCH (provided) IDF Readiness & Quality Scales Presented by Sue Ludwig Clinical Practice Lab IDF Caregiver Technique Scale Presented by Kara Ann Waitzman
1:00 - 1:30 PM 1:30 - 2:30 PM 2:30 - 2:45 PM	LUNCH (provided) IDF Readiness & Quality Scales Presented by Sue Ludwig Clinical Practice Lab IDF Caregiver Technique Scale Presented by Kara Ann Waitzman BREAK Implementing Infant-Driven Feeding